Q.Code: R263I002 AR 23 Reg. No

GANDHI INSTITUTE OF ENGINEERING AND TECHNOLOGY UNIVERSITY, ODISHA, GUNUPUR

(GIET UNIVERSITY)

B.Sc. Nursing (Sixth Semester) Regular Examinations, January – 2026

N-MHN(I) 305, N-MHN(II) 305 – Mental Health Nursing (I & II)

Time: 3 hrs Maximum: 75 Marks

The figures in the right hand margin indicate marks.

PART – A: (Multiple Choice Questions) **(12 x 1 = 12 Marks)**

Q. 1 Answer ***ALL*** questions

a. Which substance is commonly associated with the street name "fire"?
(i) Cannabis (ii) Methamphetamine
(iii) Cocaine (iv) Heroin

b. Conscious way of pushing out the negative thoughts / feelings is
(i) Regression (ii) Suppression
(iii) Repression (iv) Conversion

c. The most persistent adverse effect of Electro Convulsive therapy
(i) Retrograde Amnesia (ii) Fractures
(iii) Seizures (iv) Hypertension

d. Premorbid personality is
(i) Personality of client during illness (ii) Personality of client during recovery
(iii) Personality of client after illness (iv) Personality of client before illness

e. Medications that affect psychic functions are
(i) Mood stabilizers (ii) Psychotropic drugs
(iii) Anti-depressants (iv) Anxiolytics

f. What is dissociative fugue, as described in Conversion disorder?
(i) Loss of personal identity (ii) Complete loss of memory
(iii) Unexpected journey away from home in search of new identify (iv) Temporary alteration of consciousness

g. What is another term for Delirious Mania
(i) Cyclothymic (ii) Bell's mania
(iii) Hypomania (iv) Acute mania

h. Which is the feature of hyperkinetic disorder
(i) Low IQ (ii) Low attention span
(iii) Right to left dissociation (iv) Hyperactivities

i. What are the severe symptoms of serotonin syndrome?
(i) Fever, muscle rigidity and confusion (ii) Hyperthermia, delirium and tachycardia
(iii) immobility and withdrawal (iv) Hypotension and bradycardia

j. Which of the following neurotransmitter is not a monoamine?
(i) Dopamine (ii) Serotonin
(iii) Nor-epinephrine (iv) Glutamate

k. Who conducts the recreational activity programmes to the patient?
(i) Psychiatrist (ii) Psychiatric Nurse
(iii) Psychiatric social worker (iv) Occupational therapist

l. Disulfiram Ethanol reaction is characterized by
(i) Bradycardia, Sweating and hypertension (ii) Bradycardia, Blurred vision and hypertension
(iii) Tachypnea, Vomiting and hypertension (iv) Headache, hypotension and chest pain

PART – B: (Very Short Answer Questions) **(4 x 2 = 8 Marks)**

Q.2. Answer **ANY FOUR** questions

a. Clozapine.
b. Palilalia.
c. Indicators of Mental health
d. Define Delirium.
e. GABA.

PART – C: (Short Answer Questions) **(5 x 5 = 25 Marks)**

Q.3. Answer **ANY FIVE** questions

a. Therapeutic impasses and its management.
b. Treatment modalities of Alcoholism.
c. Types of Admission procedure according to the Mental Health Care Act 2017.
d. Nursing management of patients with depression.
e. Suicide prevention.
f. Opioid withdrawal syndrome.

PART – D: (Long Answer Questions) **(15 x 2 = 30 Marks)**

Answer ***ALL*** questions		Marks
4.*a.*	Define Behaviour therapy	5
b.	Elaborate on the principles of Behaviour therapy	5
c.	Explain the techniques used for the patients with Schizophrenia.	5
	(OR)	
d.	Define Mental Health and Mental Illness.	5
e.	Explain the characteristics of a mentally healthy person.	5
f.	State the principles of Mental Health Nursing	5
5.*a.*	Define Obsessive Compulsive disorder	5
b.	Enlist the types and clinical features of Obsessive Compulsive disorder	5
c.	Write the nursing management of patients with Obsessive Compulsive disorder	5
	(OR)	
d.	Define communication	5
e.	Explain the techniques of therapeutic communication.	5
f.	Discuss the phases of nurse-patient relationship in detail.	5

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